

Life

DID YOU KNOW?

On July 10, 1962, the Telstar 1 communication satellite was launched from Cape Canaveral, Fla.; it ushered in the modern age of intercontinental broadcasting and telecommunication.



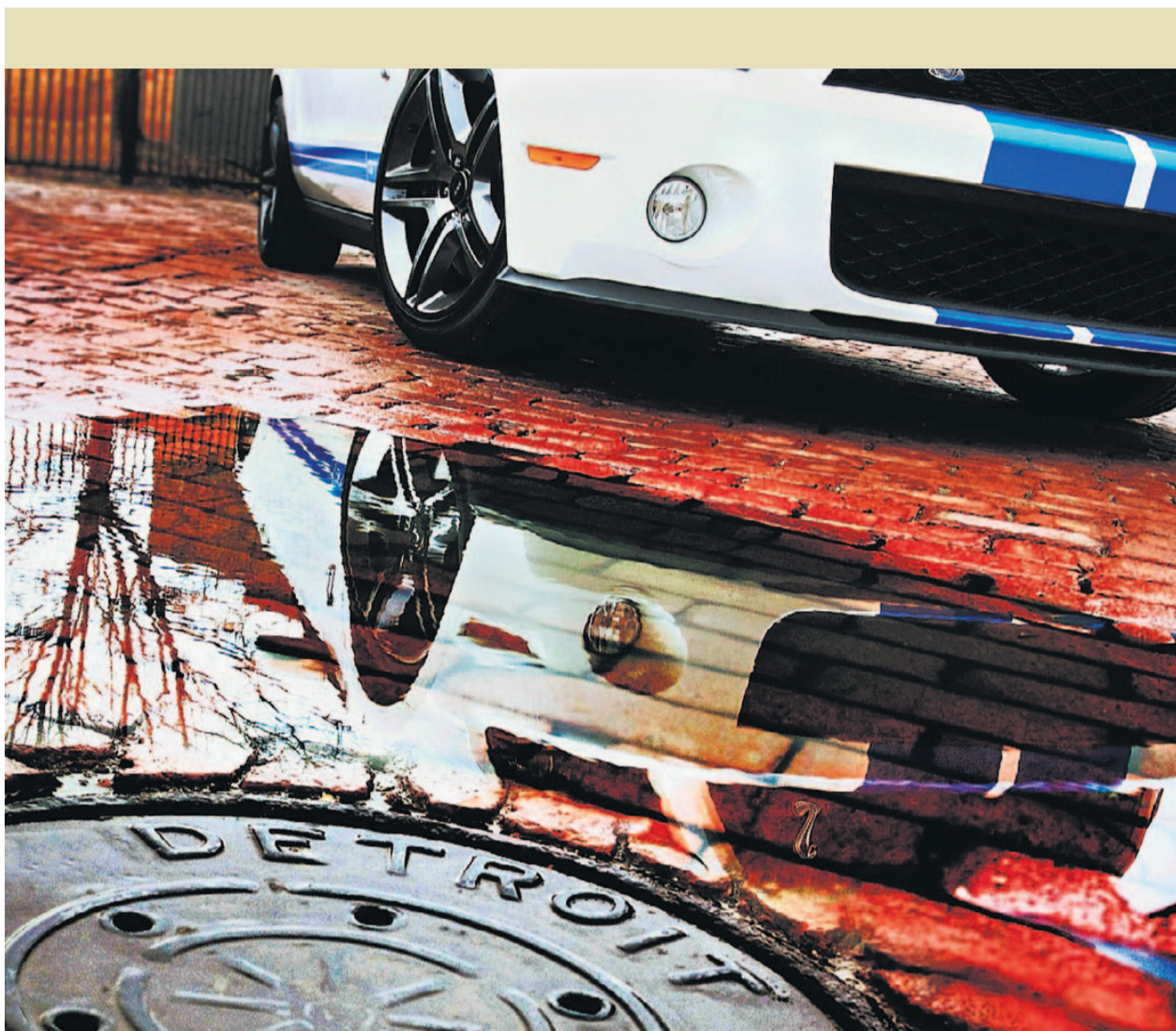
On July 7, 1930, construction of the Hoover Dam began. Over the next five years, 21,000 men would work together to produce one of the largest manmade structures in the world.

Founding Fathers Benjamin Franklin, John Adams and Thomas Jefferson served on the committee that chose the eagle for the national seal; Franklin wanted the turkey.



The big red mouth that is the Rolling Stones logo was created by British graphic designer John Pasche in 1970.

Graphics by MOSES HARRIS/Detroit Free Press; sources: trackpads.com, history.com, oldeducator.com, famouslogos.com



ASIA HAMILTON

Working mom, stay-at-home dad squabble over housework division

Dear Carolyn: My husband and I have three school-age children. He is a stay-at-home dad. Our age-old problem is the division of housework.

I work nine-hour days and usually work from home one night a week. On the weekend, I do all the cooking and usually all of the dishes. I also do the dishes on the weeknights I don't bring work home.

He does shopping, plans an activity for the kids after school once a week, prepares dinner Monday through Thursday, does heaps of laundry, meets friends for lunch once a week, conducts family business (doctors, etc.), surfs the Net, and works out at the gym two or three times a week. I don't begrudge him the lunch with friends since he doesn't get the socialization that I receive at the office.

What typically happens is either my husband cleans up the house during the week (and complains bitterly about it to me) or we as a family spend most of one weekend day cleaning and have to bark at the kids to get them to clean up.

My husband resents the first approach and thinks I need to do more housework. I think he has much more time during weekdays to clean and I resent the implication that I'm not pulling my share of the workload.

My husband and I both find cleaning a tedious way to spend weekends and don't want to get irritated by our kids. What can we do to enjoy our family time more? — **Anonymous**

Dear Anonymous: Well, you have to work full time and presumably no one helps you out. Managing a home and children is just as much of a full-time job as yours.

So the path of least resentment is to compare your two jobs to make sure the entire family workload is being distributed equally. How many hours of your daily nine do you spend actively working? Are you pressing ever onward and eating at your desk, or do you get stretch/surf breaks and lunch with colleagues? What are your husband's

afternoons like? Do the kids play and do homework quietly, or do they wring Daddy dry? Who's the Parent in Chief on weekends and weeknights? Were the preschool years exhausting to the point where he's still recovering?



CAROLYN HAX

Not only will this help each of you understand the true nature and demands of what the other does every day, it will also, ideally, flush out any lurking resentments. Is he feeling underappreciated? Are you? Did he feel pressured into housebandry, or

you into breadwinning?

It appears as if your husband could add a relatively painless 30 minutes of housekeeping to his weekdays while the kids are at school and cut the weekend cleaning load substantially. You, too, could reduce that pile by putting in an extra 30 minutes yourself on one weeknight and both weekend days. That's four hours of cleaning split 60-40, with his larger share reflecting his job as keeper of the home.

Ideally, that gentle and equitable distribution of chores will leave you both feeling pleasant and unencumbered enough to dedicate one hour of one weekend day to family chore time. This hour will not, realistically, be about getting the house any cleaner. The point will be to teach your kids that: couples work best together; all members of a household contribute; and having a nonnegotiable, incentive-heavy, clean-first-then-play rule is better than barking at kids whom you've taught that dragging their feet is the way to get out of chores.

It may be that both of you are to the point of diminishing emotional returns, where the cost of a clean floor is a pair of resentful parents. If that's the case, then either spring for a housekeeper or consider that nine out of 10 kids (possibly 10 out of 10) don't notice dirt but do absorb stress through their pores.

■ READ CAROLYN HAX EVERY DAY IN THE FREE PRESS. WRITE TO HER CARE OF THE WASHINGTON POST, STYLE PLUS, 1150 15TH ST., NW, WASHINGTON, D.C. 20071 OR E-MAIL TELLME@WASHPOST.COM.

FIVE QUESTIONS WITH ASIA HAMILTON

Asia Hamilton, 32, is a professional photographer who mentors young shooters. She teaches photography at enrichment and afterschool programs in several Detroit schools and volunteers with Focus: HOPE's Focus on the Mission photography program. Recently, Hamilton was selected to take pictures for Ford's Employee Excellence Program. She talked with the Free Press about that honor and her career.



ASIA HAMILTON

Q: What initially sparked your interest in photography?

A: It is a funny story. My dad has owned a beauty salon in Detroit like forever. I was going to Crockett (Technical High School in Detroit) to get my cosmetology license, and when I got there, the cosmetology class was full. The only two things left were photography and nursing. I've always been a very creative, artsy person, so I decided to take the photography class. It was evident that that was my niche. (Crockett) sent me to a program, Focus on the Mission, a Focus: HOPE photography program, and that took my photography experience to another level. I looked at it as a career and not just getting a grade at that point. I went to the College for Creative Studies, and then I transferred to Columbia College in Chicago where I earned my degree.

Q: Sounds like you have a passion for photography, and you're doing just what you want to do.

A: Absolutely. I would say photography — I don't want to say it saved my life — but it definitely changed it in a huge way. If I would have gone into my dad's business, I would have done hair, working in his shop and then taking over his shop. Photography opened up a lot of doors.

Q: Tell me about your volunteer work at Focus: HOPE.

A: I am a volunteer mentor with Focus on Mission. It is a photography project that builds diversity between teams and teaches them about different economical backgrounds, different parts of the city. It allows the kids to experience different types of people. And it's kids from all over, from rural places to the heart of the city. They bring them together and we go out and shoot pictures of various places in Detroit — hidden pockets is what I call them.

Q: Now you're a professional photographer?

A: Absolutely! I've been doing photography professionally since I graduated from Columbia in 2002. I've lived in Chicago, I lived in New York a very short time and I lived in Dallas for three years. It is always a pleasure to come back to the D. My family is here, I grew up here. My mom's parents grew up here. I do photography and design, small business branding, things like that. But photography is my passion. I just started a project called Detroit Muse. It is a series of places in Detroit that you would not know about. I created a body of work and started a Web site — **DetroitMuse.com** — where we sell prints. We're getting ready to do a class where we take people around and then do an exhibition at the end of the class.

Q: How did you get involved with Ford's Employee Excellence Program, and what were the pictures used for?

A: The program director at Focus on Mission told me about it. I applied, and (Ford) liked my work and it went from there. You needed to take pictures that showed excellence. It ended up being about the history and legacy of Ford and how it started in Detroit. Three of the photographs were used for employee plaques.

— NANCY CHIPMAN POWERS

HOLIDAY MATHS HOROSCOPE

TODAY'S BIRTHDAY: You'll enjoy an active domestic lifestyle through the next seven weeks, and your social life sparkles as you entertain frequently at home. Your risk-taking pays off in September with a financial bonus and public recognition. Family praises and celebrates you in November. Travel happens in December and March. Leo and Sagittarius people adore you.

ARIES (March 21-April 19): There is greatness in you. Whatever you have done to show this in the past, you are capable of even more. You'll believe this at deeper and deeper levels of your being in the days to come.

TAURUS (April 20-May 20): You have something to say. Maybe it doesn't seem so important, and yet it's vital to the way things will unfold for everyone around you.

GEMINI (May 21-June 21): There's a job you want to do, and you're still getting mentally ready for it. You are now only mildly motivated to accomplish the task, but motivation will grow the more you learn.

CANCER (June 22-July 22): You're not being treated the way you want to be treated. Model the behavior you would like others to adopt.

LEO (July 23-Aug. 22): You consistently undervalue your contributions. Now is your time to step up and lay claim to what you're giving. Don't let others take credit for your work.

VIRGO (Aug. 23-Sept. 22): In order for your vision to come alive, you need to change someone's mind. You'll structure a strong argument for your case and will handle whatever resistance you come up against.

CELEBRITY BIRTHDAYS

- Mavis Staples, 72
- Arlo Guthrie, 64
- Sofia Vergara, 39 >**
- Adrian Grenier, 35
- Jessica Simpson, 31



LIBRA (Sept. 23-Oct. 23): Someone needs your attention, but not for the reasons you think. Look into the situation. Ask more questions. Get to the root of the issue.

SCORPIO (Oct. 24-Nov. 21): There are so many things going on that it will be challenging to prioritize and determine where to put your focus. You won't be sorry you put family first.

SAGITTARIUS (Nov. 22-Dec. 21): You may feel that things are out of hand, but rest assured, things were never in your hands to begin with. The illusion of control can be comforting, but you'll find an even deeper comfort in faith.

CAPRICORN (Dec. 22-Jan. 19): Try to take an economical approach to your schedule. Putting less on your calendar will allow you to enjoy each event much more. Planning well will put money in your pocket.

AQUARIUS (Jan. 20-Feb. 18): Someone notices and loves the way you stand out even when you're trying to blend in. You may be only one voice in a chorus of billions, but your song is completely original.

PISCES (Feb. 19-March 20): You will share your true wealth, which is the warmth of your spirit. Most people you meet will be comforted by your presence.